

Bristol Tongue Assessment Tool

	0	1	2	Score
Tongue tip appearance	Heart shaped	Slight cleft /notched	Rounded	
Attachment of frenulum to lower gum ridge	Attachment at top of gum ridge	Attached to inner aspect of gum	Attached to floor of mouth	
Lift of tongue with mouth wide (crying)	Minimal tongue lift	Edges only to mid-mouth	Full tongue lift to mid-mouth	
Extension of tongue	Tip stays behind gum	Tip over gum	Tip can extend over lower lip	